

👁 Note!

Please note that there can be small differences between your product and the images in these instructions.

👁 Note!

Please note that during storage and transport, especially at high ambient temperature, some of the oil and grease used for assembly may leak and stain the packaging. This will not cause damage to the product, wipe off the excessive oil or grease with a cloth.

Kit Contents

Description	Part No	Pcs
Shock abs. left/right front	POF 5R00	1
Sticker	00192-01	1
Sticker	00197-02	1
Spring support	05193-05	1
Lock nut	05359-01	1
Spacer	05688-03	1
Spring seat, upper	06211-01	1
Owner's manual	07446-01	1

👁 Note!

Before you install this product, check the kit contents. If anything is missing, please contact an Öhlins dealer.

⚠ Warning!

Before you install this product, read the Öhlins Owner's manual. This product is an important part of the vehicle and the vehicle stability.

Shock Absorber for Porsche 991 GT3/GT3 RS/GT3 Cup and Porsche 981 Cayman GT4/GT4 CS

POF 5R00

Mounting Instructions



MOUNTING INSTRUCTIONS

⚠ Warning!

We strongly recommend to let an Öhlins dealer install this product.

⚠ Warning!

If you work with a lifted vehicle, make sure that it is safely supported to prevent it from tipping over.

👁 Note!

When you work with this product, see the vehicle service manual for vehicle specific procedures and important data.

👁 Note!

Before you install this product clean the vehicle.

1

Remove the wheel.

2

Remove the two damper clamping screws in the upright.

3

Remove the brake hose attachment.

4

Support the upright so that the brake hose is not damaged.

5

Untighten the three top mount nuts.

6

Remove damper from car by pushing the shock absorber and A-arm down to enable the shock absorber to be angled outward without it hitting the fender.

7

For all models except 991 GT3 Cup: Use spring compressors to preload the spring and then remove the centre top nut of the top mount.

8

For all models, except 991 GT3 Cup:

Put together the OE top mount and OE top spring seat with the Öhlins supplied main spring, support spring platform (05193-05) and helper spring.

For 991 Cup:

Put together the spring package (upper platform (06211-01), main spring, support platform (05193-05) and helper spring.).

9

Thread the spring package over the damper, together with the OE top mount.

10

Attach the top nut (05359-01) to the top pin and tighten.

11

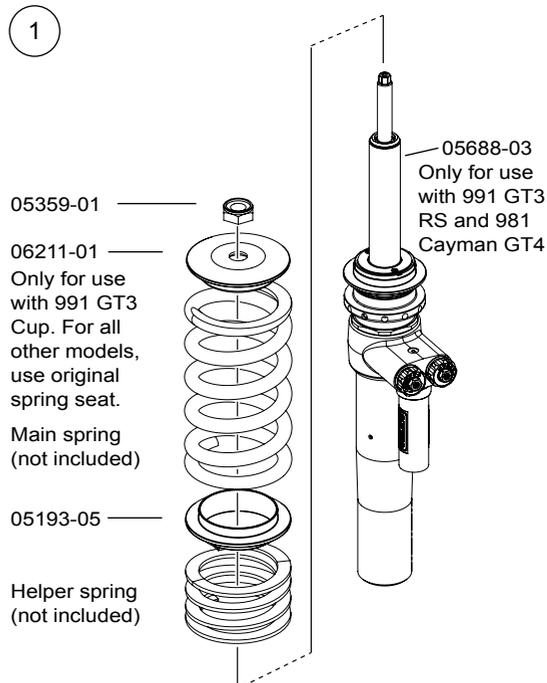
Install the Öhlins shock absorber in the upright bracket with the reservoir bracket pointing towards the front.

12

Angle the shock absorber in under the fender.

13

Tighten the three top mount attachment nuts.



MOUNTING INSTRUCTIONS

14

Retighten upright clamping screws.

15

Reattach the brake hoses.

16

Reinstall the wheel.

17

After installing all shock absorbers (front and rear), check the vehicle ride height. If necessary, adjust the ride height with spring preload. See Adjustments on the next page for recommended spring adjustment platform positions.

Caution!

Make sure that all bolts are tightened to the correct torque and that there are no binds and that nothing restricts movement of the shock absorber when the suspension is being fully compressed or extended.

ADJUSTMENTS

⚠ Warning!

Before you ride/drive, always make sure that the setup is according to the recommended setup data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.

SETUP DATA

Compression damping		
Street:	20	clicks
Track:	15	clicks
Rebound damping		
Street:	15	clicks
Track:	15	clicks

Recommended Springs (Eibach)

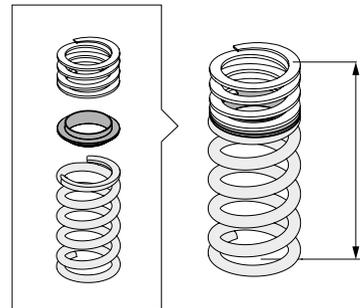
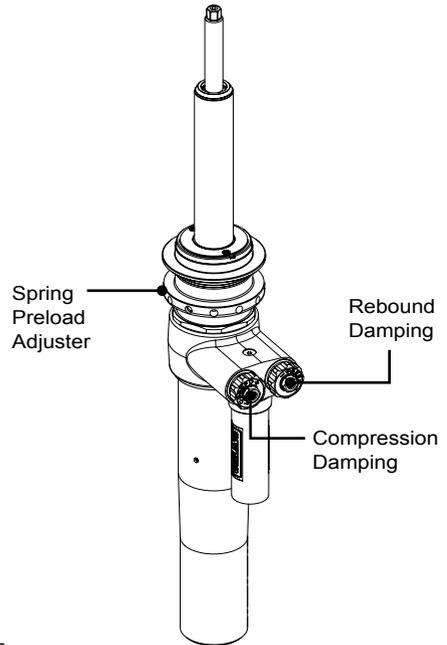
Main Spring

Spring rate		
991 GT3, 981 Cayman GT4:	100	N/mm
991 GT3 RS, 991 GT3 Cup, 981 Cayman GT4 CS:	120	N/mm
Length	120	mm
ID	60	mm

Recommended installed spring package length

991 GT3, 981 Cayman GT4:	160	mm
991 GT3 RS	158	mm
991 GT3 Cup, 981 Cayman GT4 CS:	158	mm

Measured from upper edge of helper spring to lower edge of main spring as illustrated to the right.



Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

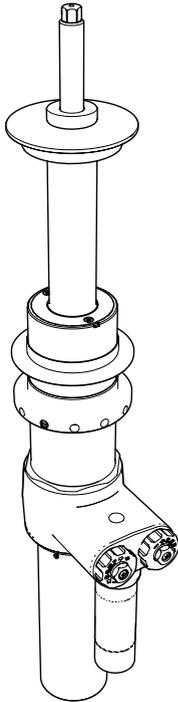
Part no. MI_POF 5R00
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Kit Contents

Description	Part No	Pcs
Shock abs. left/right front	POF 6R10	1
Sticker	00192-01	1
Sticker	00197-02	1
Spring support	05193-05	1
Lock nut	05359-01	1
Spacer	05688-04	1
Spring seat, upper	06211-01	1
Owner's manual	07446-01	1

Note!

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Warning!

Before you install this product, read the Öhlins Owner's manual. This product is an important part of the vehicle and the vehicle stability.

Shock Absorber for Porsche 981 Cayman GT4/GT4 CS

POF 6R10

Mounting Instructions



MOUNTING INSTRUCTIONS

⚠ Warning!

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👁 Note!

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👁 Note!

Before you install this product clean the vehicle.

1

Remove the wheel.

2

Remove brake caliper from hub according to vehicle workshop manual. Support the caliper so that it does not tug at the brake line.

3

Support hub from below. Untighten the three top mount nuts.

4

Remove hub, wishbones and drive shaft according to vehicle workshop manual.

5

Remove OE damper from hub when the hub is off the car.

6

Use spring compressors to preload the spring and then remove the centre top nut of the top mount.

7

Put together the OE top mount, top mount spacer (05688-04) and Öhlins top spring seat (06211-01) with the Öhlins supplied main spring, support spring platform (05193-05) and helper spring.

8

Thread the spring package over the damper, together with the OE top mount.

9

Attach the top nut (05359-01) to the top pin and tighten.

10

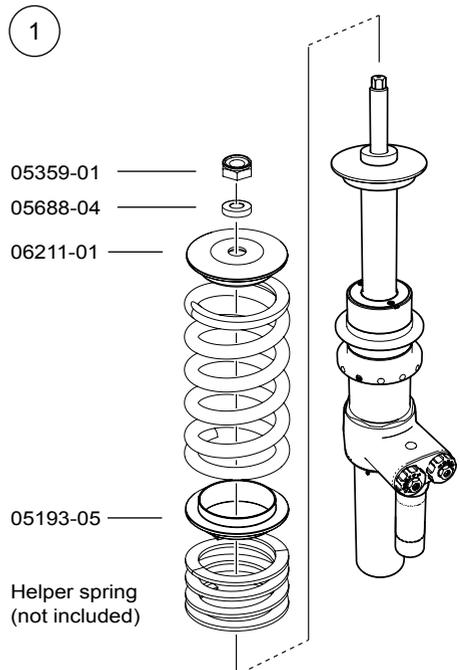
Install the Öhlins shock absorber in the upright, with the reservoir bracket pointing towards the rear.

11

Install the hub, wishbones, driveshaft and brake caliper again according to the vehicle workshop manual.

12

Attach and tighten the three top mount attachment nuts.



MOUNTING INSTRUCTIONS

13

After installing all shock absorbers (front and rear), check the vehicle ride height. If necessary, adjust the ride height with spring preload. See Adjustments on the next page for recommended spring adjustment platform positions.

Caution!

Make sure that all bolts are tightened to the correct torque and that there are no binds and that nothing restricts movement of the shock absorber when the suspension is being fully compressed or extended.

ADJUSTMENTS

⚠ Warning!

Before you ride/drive, always make sure that the setup is according to the recommended setup data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.

SETUP DATA

Compression damping	Street:	20	clicks
	Track:	15	clicks
Rebound damping	Street:	15	clicks
	Track:	15	clicks

Recommended Springs (Eibach)

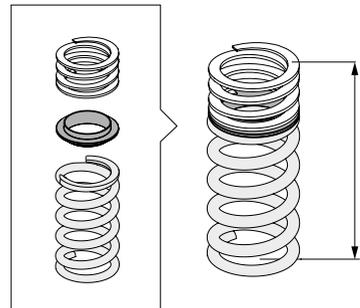
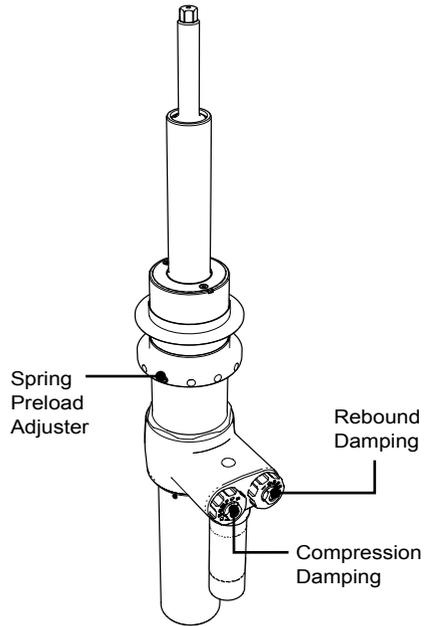
Main Spring

Spring rate			
981 Cayman GT4:	120	N/mm	
981 Cayman GT4 CS:	140	N/mm	
Length	140	mm	
ID	60	mm	

Recommended installed spring package length

981 Cayman GT4/GT4 CS:	191	mm
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Measured from upper edge of helper spring to lower edge of main spring as illustrated to the right.



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